

# Individual Exercise

**Difficulty (D)**

JUDGE

Judge №°

Date

Country

№ gymnast



Difficulty		JUDGE	Difficulty		JUDGE	Difficulty		JUDGE
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
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Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
Value			Value			Value		
<b>Use music with voice and words</b>						<b>TOTAL</b>		
<b>Incorrect calculation of:</b> <ul style="list-style-type: none"> <li>Total value of all the Difficulties</li> <li>Value of each Difficulty component:</li> </ul> <p>D, R<sup>↑</sup>, S<sup>→</sup>, M</p>			<ul style="list-style-type: none"> <li>More than 9 Difficulties declared</li> <li>Less than 2/ more than 4 Difficulties of each Body Group</li> <li>Min. 1 S<sup>→</sup></li> <li>Max. 3 R<sup>↑</sup></li> </ul>			<b>Penalty</b>		
<ul style="list-style-type: none"> <li>For absence of Fundamental groups predominance (less than 50%)</li> </ul>						<b>FINAL SCORE JUDGE</b>		

Coach Signature.....

Judge Signature.....